

PY 2008-2009 CTF Target Program Objectives Checklists – Instructions

Who Should Submit the CTF Target Program Objectives Checklist(s)

Submit the CTF Target Program Objectives Checklists if at least one of the following applies to your program:

1. CTF stipulated that you must do so.
2. At least one of the Target Program Objectives Checklists that applies to your program was not included in your 2008-2009 CTF Grant Application.
3. The Target Program Objectives for your program have changed from what was included in your 2008-2009 CTF Grant Application (i.e., different objectives will be targeted, you want to select one of the new Optional Objectives, etc.).
4. The Target Program Objectives Checklist(s) submitted with your 2008-2009 CTF Grant Application was altered from the original document. (It is important to use the exact page, and simply check the applicable objectives.)

How to Complete the CTF Target Program Objectives Checklist(s)

Complete the appropriate Program Objectives Checklist(s) (pages 2-6 – see table below). (**NOTE:** Do not alter the forms.) In completing the Program Objectives Checklist for your program type, select the minimum # of required objectives that are most relevant to your program. (**NOTE:** You may select more than the minimum number; select all that apply.) Additional objectives also may be selected from the optional objectives section when applicable. The selection of any optional objective(s) will mean the corresponding survey item(s) must be added to the survey completed by participants. Submit additional checklists related to other major components of the CTF-funded program if the survey assessing another program type's objectives will be completed by any participants. For example, a Parent Education program that has a Child-Focused component should submit both the Parent Education Program Objectives Checklist and the appropriate Child-Focused Program Objectives Checklist.

Program Type	Minimum Number of Objectives Required	Page Number
Parent Education/Support	12 Objectives	2
Home Visiting	12 Objectives	2
Community Awareness	4 Objectives	3
Respite Care	10 Objectives	4
Child-Focused (Pre-K – 5 th Grade)	7 Objectives	5
Child-Focused (6 th Grade and Above)	12 Objectives	6
Fatherhood	12 Objectives	7
Healthy Marriage	1 Set of Objectives	8

PY 2008-2009 Parent Education/Support and Home Visiting
Program Objectives Checklist
SUBMITTED OCTOBER, 2008

Required Objectives: Place a checkmark in the box beside **all items** that you expect to change as a result of your program. **Reminder:** Select a minimum of **12**.

<input type="checkbox"/> 1. Participants will increase their knowledge of community resources where they can receive help.
<input type="checkbox"/> 2. Participants' commitment to using available social services that apply to them will increase.
<input type="checkbox"/> 3. Participants will increase their knowledge of children's development at different ages.
<input type="checkbox"/> 4. Participants will increase their knowledge of the best activities for their child based on his/her age.
<input type="checkbox"/> 5. Participants will increase their knowledge of what parenting responses are best to use when their child is not behaving.
<input type="checkbox"/> 6. Participants' ability to use several forms of positive discipline will improve.
<input type="checkbox"/> 7. Participants will increase their knowledge of ways to manage stress.
<input type="checkbox"/> 8. Participants will increase their knowledge of ways to manage anger.
<input type="checkbox"/> 9. Participants will increase their knowledge of what sexual abuse of a child involves.
<input type="checkbox"/> 10. Participants will increase their knowledge of how to respond to sexual abuse situations.
<input type="checkbox"/> 11. Participants will increase their knowledge of what physical abuse of a child involves.
<input type="checkbox"/> 12. Participants will increase their knowledge of how to respond to physical abuse situations.
<input type="checkbox"/> 13. Participants will increase their knowledge of what emotional abuse of a child involves.
<input type="checkbox"/> 14. Participants will increase their knowledge of how to respond to emotional abuse situations.
<input type="checkbox"/> 15. Participants' commitment to seek informal support (e.g., from friends, family, etc.) regularly will increase.
<input type="checkbox"/> 16. Participants will increase their knowledge of who to turn to in times of trouble.
<input type="checkbox"/> 17. Participants will increase their knowledge of their child's positive qualities.
<input type="checkbox"/> 18. Participants will increase their knowledge of what positive parenting involves.
<input type="checkbox"/> 19. Participants' commitment to keeping their child up-to-date on required shots will increase.
<input type="checkbox"/> 20. Participants' commitment to keeping their child current on well-baby check-ups will increase.
<input type="checkbox"/> 21. Participants will increase their knowledge of nurturing behaviors.
<input type="checkbox"/> 22. Participants will increase their knowledge of how to respond to their child's needs.
<input type="checkbox"/> 23. Participants' ability to recognize when they are at risk for harming their child will improve.
<input type="checkbox"/> 24. Participants' ability to stop themselves when they are at risk for harming their child will improve.

Optional Objectives: Place a checkmark in the box beside the items(s) if you want to select any in addition to the 12 (or more) required objectives selected above. **NOTE:** The corresponding survey item(s) for the ones selected must be added to the survey. **(#36, #37, and #38 have been added to the list.)**

<input type="checkbox"/> 25. Participants will increase their knowledge of the importance of both parents in children's lives.
<input type="checkbox"/> 26. Participants will increase their knowledge of good nutrition practices during pregnancy and after delivery for themselves and their child.
<input type="checkbox"/> 27. Participants' use of prenatal care will increase.
<input type="checkbox"/> 28. Participants' ability to read will increase.
<input type="checkbox"/> 29. Participants will increase their knowledge of literary and educational resources.
<input type="checkbox"/> 30. Participants will increase their knowledge of the importance of establishing good reading skills for their child.
<input type="checkbox"/> 31. Participants will increase their knowledge of prescribed medications and side effects.
<input type="checkbox"/> 32. Participants will increase their knowledge of IDEA laws in regards to specialized educational services (rights) for their child.
<input type="checkbox"/> 33. Participants' commitment to further their education (GED/college) will increase.
<input type="checkbox"/> 34. Participants' ability to advocate for themselves and their children will increase.
<input type="checkbox"/> 35. Participants' self-esteem and self-confidence will improve.
<input type="checkbox"/> 36. Participants' cooperation with juvenile probation officers will increase.
<input type="checkbox"/> 37. Participants will increase their knowledge of IEP meetings in regards to specialized educational services for their child.
<input type="checkbox"/> 38. Participants' ability to advocate for their child will improve.

PY 2008-2009 Community Awareness Program Objectives Checklist
SUBMITTED OCTOBER, 2008

Required Objectives: Place a checkmark in the box beside **all items** that you expect to change as a result of your program. **Reminder:** Select a minimum of **4**.

<input type="checkbox"/> 1. Participants' awareness of child abuse and neglect will increase.
<input type="checkbox"/> 2. Participants' ability to recognize abuse and/or neglect will improve.
<input type="checkbox"/> 3. Participants' commitment to reducing their likelihood of abusing/neglecting a child will increase.
<input type="checkbox"/> 4. Participants' commitment to reporting child abuse/neglect to social services when they suspect it is occurring will increase.
<input type="checkbox"/> 5. Participants will increase their knowledge of intervention strategies to use in the event of abuse and/or neglect.
<input type="checkbox"/> 6. Participants will increase their knowledge of ways to prevent child abuse and/or neglect.

Optional Objectives: Place a checkmark in the box beside the items(s) if you want to select any in addition to the 4 (or more) required objectives selected above. **NOTE:** The corresponding survey item(s) for the ones selected must be added to the survey. (**#7, #8, and #9 have been added to the list.**)

<input type="checkbox"/> 7. Participants' ability to distinguish normal from problematic child sexual behaviors will improve.
<input type="checkbox"/> 8. Participants' ability to identify signs of physical abuse will improve.
<input type="checkbox"/> 9. Participants will increase their knowledge of their legal obligation as a mandatory reporter to report abuse and neglect of a child.

PY 2008-2009 Respite Care Program Objectives Checklist
SUBMITTED OCTOBER, 2008

Required Objectives: Place a checkmark in the box beside **all items** that you expect to change as a result of your program. **Reminder:** Select a minimum of **10**. (**#19 and #20 have been removed from the Required Objectives list.**)

<input type="checkbox"/>	1. Participants will increase their knowledge of community resources where they can receive help.
<input type="checkbox"/>	2. Participants' commitment to using available social services that apply to them will increase.
<input type="checkbox"/>	3. Participants will increase their knowledge of children's development at different ages.
<input type="checkbox"/>	4. Participants will increase their knowledge of the best activities for their child based on his/her age.
<input type="checkbox"/>	5. Participants will increase their knowledge of what parenting responses are best to use when their child is not behaving.
<input type="checkbox"/>	6. Participants' ability to use several forms of positive discipline will improve.
<input type="checkbox"/>	7. Participants will increase their knowledge of ways to manage stress.
<input type="checkbox"/>	8. Participants will increase their knowledge of ways to manage anger.
<input type="checkbox"/>	9. Participants will increase their knowledge of what sexual abuse of a child involves.
<input type="checkbox"/>	10. Participants will increase their knowledge of how to respond to sexual abuse situations.
<input type="checkbox"/>	11. Participants will increase their knowledge of what physical abuse of a child involves.
<input type="checkbox"/>	12. Participants will increase their knowledge of how to respond to physical abuse situations.
<input type="checkbox"/>	13. Participants will increase their knowledge of what emotional abuse of a child involves.
<input type="checkbox"/>	14. Participants will increase their knowledge of how to respond to emotional abuse situations.
<input type="checkbox"/>	15. Participants' commitment to seek informal support (e.g., from friends, family, etc.) regularly will increase.
<input type="checkbox"/>	16. Participants will increase their knowledge of who to turn to in times of trouble.
<input type="checkbox"/>	17. Participants will increase their knowledge of their child's positive qualities.
<input type="checkbox"/>	18. Participants will increase their knowledge of what positive parenting involves.

Optional Objectives: Place a checkmark in the box beside the items(s) if you want to select any in addition to the 10 (or more) required objectives selected above. **NOTE:** The corresponding survey item(s) for the ones selected must be added to the survey. (**#25 has been removed from the Optional Objectives list. The objectives below have been renumbered based on the elimination of 2 Required Objectives and 1 Optional Objective.**)

<input type="checkbox"/>	19. Participants will increase their knowledge of how to keep their child with special health care needs safe during an emergency or disaster.
<input type="checkbox"/>	20. Participants' relationship with their spouse or partner will improve.
<input type="checkbox"/>	21. Participants' ability to recognize the need for a break from their stressful daily routine will improve.
<input type="checkbox"/>	22. Participants will increase their knowledge of the signs and symptoms of depression.
<input type="checkbox"/>	23. Participants will increase their knowledge of how to use internet resources to perform searches of information.

PY 2008-2009 Child- Focused (Pre-K – 5th grade)
Program Objectives Checklist
SUBMITTED OCTOBER, 2008

Required Objectives: Place a checkmark in the box beside **all items** that you expect to change as a result of your program. **Reminder:** Select a minimum of 7.

<input type="checkbox"/>	1. Participants will increase their knowledge of how to tell people what they really want.
<input type="checkbox"/>	2. Participants will increase their knowledge of how to get along with other people.
<input type="checkbox"/>	3. Participants will increase their knowledge of how to be good and keep out of trouble.
<input type="checkbox"/>	4. Participants will increase their knowledge of how to be a good friend.
<input type="checkbox"/>	5. Participants will increase their knowledge of how to make friends.
<input type="checkbox"/>	6. Participants will increase their knowledge of how to know when they are sad, scared, or happy.
<input type="checkbox"/>	7. Participants will increase their knowledge of how to know when others are sad, scared, or happy.
<input type="checkbox"/>	8. Participants will increase their knowledge of how to help others when they are sad, lonely, or scared.
<input type="checkbox"/>	9. Participants will increase their knowledge about good touch and bad touch.
<input type="checkbox"/>	10. Participants will increase their knowledge of how to control their angry or mad feelings.
<input type="checkbox"/>	11. Participants will increase their knowledge of how to get help if people are being mean to them.
<input type="checkbox"/>	12. Participants will increase their knowledge of how to choose the right thing to do.
<input type="checkbox"/>	13. Participants will increase their knowledge of what they are really good at.

Optional Objectives: Place a checkmark in the box beside the items(s) if you want to select any in addition to the 7 (or more) required objectives selected above. **NOTE:** The corresponding survey item(s) for the ones selected must be added to the survey. For Pre-K – 2nd Grade, contact the CTF Evaluation Team about the item(s) needed. For 3rd – 5th Grade, see the list of Approved Additional Retrospective Questions. **(#19, #20, and #21 have been added to the list. Also, the optional objectives can now be selected for the entire age group.)**

<input type="checkbox"/>	14. Participants will increase their knowledge about the negative results of tobacco use.
<input type="checkbox"/>	15. Participants will increase their knowledge of how to work “as a team.”
<input type="checkbox"/>	16. Participants will increase their knowledge of how to respond when teased or called names.
<input type="checkbox"/>	17. Participants will increase their knowledge of where to get help to protect themselves from abuse.
<input type="checkbox"/>	18. Participants will increase their knowledge about body ownership.
<input type="checkbox"/>	19. Participants' ability to work with adults will improve.
<input type="checkbox"/>	20. Participants will increase their knowledge of online dangers.
<input type="checkbox"/>	21. Participants will increase their knowledge of how to stay safe online.

PY 2008-2009 Child- Focused (6th grade and above)
Program Objectives Checklist
SUBMITTED OCTOBER, 2008

Required Objectives: Place a checkmark in the box beside **all items** that you expect to change as a result of your program. **Reminder:** Select a minimum of **12**.

<input type="checkbox"/> 1. Participants' ability to handle anger will improve.
<input type="checkbox"/> 2. Participants' ability to work out conflict with others will improve.
<input type="checkbox"/> 3. Participants' ability to clearly communicate their ideas or intentions will improve.
<input type="checkbox"/> 4. Participants' ability to keep their behavior within acceptable limits, so that they do not get into trouble, will improve.
<input type="checkbox"/> 5. Participants' ability to recognize abuse and/or neglect will improve.
<input type="checkbox"/> 6. Participants' commitment to telling school and/or agency staff about abusive and/or neglectful situations will increase.
<input type="checkbox"/> 7. Participants will increase their knowledge of where to get help for a situation of abuse and/or neglect.
<input type="checkbox"/> 8. Participants will increase their knowledge of how to get along with other people.
<input type="checkbox"/> 9. Participants' ability to get along with other people will improve.
<input type="checkbox"/> 10. Participants' ability to develop and maintain friendships with peers will improve.
<input type="checkbox"/> 11. Participants' ability to be supportive toward others will improve.
<input type="checkbox"/> 12. Participants will increase their knowledge of how to make good decisions.
<input type="checkbox"/> 13. Participants' ability to accurately label their own emotions will improve.
<input type="checkbox"/> 14. Participants' ability to accurately label other people's emotions will improve.
<input type="checkbox"/> 15. Participants will increase their knowledge of their positive qualities.
<input type="checkbox"/> 16. Participants' ability to recognize other people's positive qualities will improve.
<input type="checkbox"/> 17. Participants will increase their knowledge of the best way to respond to another person's emotions and/or feelings.
<input type="checkbox"/> 18. Participants' commitment to going to school almost every school day will increase.
<input type="checkbox"/> 19. Participants' commitment to attending all meetings with their probation officer will increase.
<input type="checkbox"/> 20. Participants' commitment to avoiding criminal behavior will increase.
<input type="checkbox"/> 21. Participants' commitment to staying in or returning to school will increase.
<input type="checkbox"/> 22. Participants will increase their knowledge of the negative results of drug abuse.
<input type="checkbox"/> 23. Participants' commitment to stay free of drug abuse will increase.
<input type="checkbox"/> 24. Participants will increase their knowledge of the negative results of tobacco use.
<input type="checkbox"/> 25. Participants' commitment to stay tobacco free will increase.

Optional Objectives: Place a checkmark in the box beside the items(s) if you want to select any in addition to the 12 (or more) required objectives selected above. **NOTE:** The corresponding survey item(s) for the ones selected must be added to the survey. **(The original #36 has been removed from the list. #36, #37, and #38 have been added to the list.)**

<input type="checkbox"/> 26. Participants' ability to identify gang behavior (dress and symbols) will improve.
<input type="checkbox"/> 27. Participants' ability to list the dangers of gang involvement will improve.
<input type="checkbox"/> 28. Participants will increase their knowledge of how to avoid gang involvement.
<input type="checkbox"/> 29. Participants will increase their knowledge of gun safety.
<input type="checkbox"/> 30. Participants will increase their knowledge of the severity of punishment for gun-related crimes.
<input type="checkbox"/> 31. Participants' relationship with their parents/caregiver will improve.
<input type="checkbox"/> 32. Participants' ability to effectively communicate with their parents/caregiver will improve.
<input type="checkbox"/> 33. Participants' ability to feel positive about themselves will improve.
<input type="checkbox"/> 34. Participants' ability to feel that they have control over their situation will improve.
<input type="checkbox"/> 35. Participants' ability to show respect to volunteers will improve.
<input type="checkbox"/> 36. Participants' ability to recognize unsafe practices online will improve.
<input type="checkbox"/> 37. Participants' commitment to follow safe online practices will increase.
<input type="checkbox"/> 38. Participants will increase their knowledge of how to respond to online bullying.

PY 2008-2009 Fatherhood Program Objectives Checklist
SUBMITTED OCTOBER, 2008

Required Objectives: Place a checkmark in the box beside **all items** that you expect to change as a result of your program. **NOTE:** Select a minimum of **12**.

<input type="checkbox"/> 1. Participants' commitment to making full child support payments each month will increase.
<input type="checkbox"/> 2. Participants' intention of finishing high school will increase.
<input type="checkbox"/> 3. Participants' intention of going to vocational training and/or college will increase.
<input type="checkbox"/> 4. Participants' intention of working at least 20 hours in a week for 3 months in a row will increase.
<input type="checkbox"/> 5. Participants' commitment to staying in school will increase.
<input type="checkbox"/> 6. Participants' commitment to maintain civil interactions with child support enforcement personnel will increase.
<input type="checkbox"/> 7. Participants' commitment to being around their child at least a few times a week will increase.
<input type="checkbox"/> 8. Participants' commitment to avoid the occurrence of unplanned or repeat pregnancy will increase.
<input type="checkbox"/> 9. Participants' commitment to spending at least 1 day a week doing a family activity will increase.
<input type="checkbox"/> 10. Participants' commitment to working cooperatively with their child's other parent will increase.
<input type="checkbox"/> 11. Participants' quality of their relationship with their child's other parent will improve.
<input type="checkbox"/> 12. Participants will increase their knowledge of children's development at different ages.
<input type="checkbox"/> 13. Participants will increase their knowledge of the best activities for their child based on his/her age.
<input type="checkbox"/> 14. Participants will increase their knowledge of what parenting responses are best to use when their child is not behaving.
<input type="checkbox"/> 15. Participants' ability to use several forms of positive discipline will improve.
<input type="checkbox"/> 16. Participants will increase their knowledge of their child's positive qualities.
<input type="checkbox"/> 17. Participants will increase their knowledge of what positive parenting involves.
<input type="checkbox"/> 18. Participants will increase their knowledge of nurturing behaviors.
<input type="checkbox"/> 19. Participants will increase their knowledge of how to respond to their child's needs.
<input type="checkbox"/> 20. Participants' ability to recognize when they are at risk for harming their child will improve.
<input type="checkbox"/> 21. Participants' ability to stop themselves when they are at risk for harming their child will improve.
<input type="checkbox"/> 22. Participants will increase their knowledge of community resources where they can receive help.
<input type="checkbox"/> 23. Participants' ability to establish and maintain a relationship with their child will improve.

Optional Objectives: Place a checkmark in the box beside the item if you want to select it in addition to the 12 (or more) required objectives selected above. **NOTE:** If an optional objective is marked, then the corresponding survey item must be added to the required items on the participant survey.

<input type="checkbox"/> 24. Participants' commitment to voluntary participation in marriage/relationship classes will increase.
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PY 2008-2009 Alabama Community Healthy Marriage Initiative
Program Objectives Checklist
SUBMITTED OCTOBER, 2008

NOTE: All objectives will be assessed through the pre-program and post-program questionnaires that will be provided to you by the evaluation team. Place a checkmark in the box beside **at least 1 set of objectives** that your program will target (i.e., Adult or Youth).

<input type="checkbox"/> Adult
1. Participants will report greater agreement on important issues.
2. Participants will report increased marital satisfaction.
3. Participants' marital quality, stability and happiness in the relationship will increase.
4. Participants will increase their trust in their partner.
5. Participants will increase their commitment to maintaining their marital relationship.
6. Participants' confidence in their marital relationship will increase.
7. Participants will decrease in their use of negative interactions.
8. Participants will increase their use of positive interactions.
9. Participants will report an increase in closeness.
10. Participants' interpersonal competence skills will improve (i.e., conflict management, assertiveness, disclosure, emotional support).
11. Participants will increase the quality of their co-parenting relationship.
12. Participants will increase their level of individual empowerment.
13. Participants' level of distress will decrease.
14. Participants will increase their positive parenting behaviors (e.g., increased praise, decreased threats, increased explanation of consequences for actions).
15. Participants' parenting efficacy will increase.
16. Participants' attitude toward father involvement will become more positive.
<input type="checkbox"/> Youth
1. Participants' self-esteem will increase.
2. Participants' distress level will decrease.
3. Participants will decrease their use of negative interactions in relationships.
4. Participants' interpersonal competence skills will improve (i.e., conflict management, assertiveness, disclosure, emotional support).
5. Participants agreement with faulty relationship beliefs will be reduced.
6. Participants' attitude toward marriage will become more favorable.
7. Participants' attitude toward marriage education will be more favorable
8. Participants will increase their use of positive coping skills.
9. Participants will have less tolerance for aggression and violence in relationships.
10. Participants will increase their commitment to resist sexual pressure